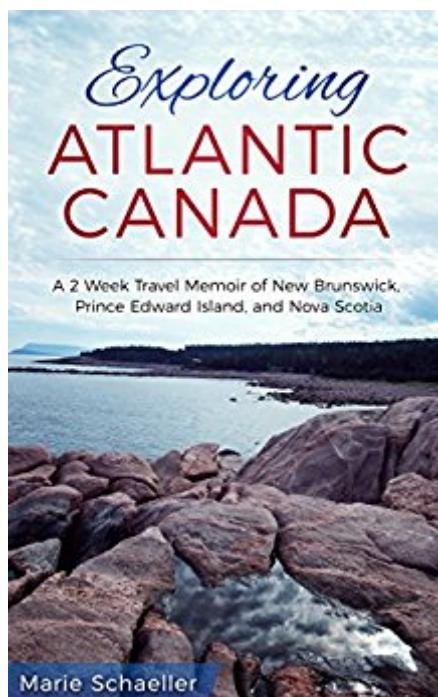


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# Exploring Atlantic Canada: A 2-Week Travel Memoir Of New Brunswick, Prince Edward Island, And Nova Scotia



## Synopsis

Interested in visiting Atlantic Canada but haven't quite gotten there, yet? Or, are you thinking of going on your first solo adventure? Exploring Atlantic Canada was inspired by a solo trip the author took to drive around the Canadian Eastern Maritimes, experiencing the stunning natural beauty, vibrant music scene, delicious food, and rich local history. A few stops along the way include: Crossing the US/ Canadian border, Hopewell Flowerpot Rocks and the Fundy tides, L.M. Montgomery's inspiration for Green Gables, Confederation Bridge, Cape Breton Ceilidhs, Cabot Trail, Fortress of Louisbourg, Glenora Distillery, Halifax Explosion memorial sites, Final resting place of the Titanic victims, and more. In this book, you will learn how to prepare and plan for your own trip, as well as the people and places the author experienced along the way. Included are helpful links, tips, photographs, and maps, in the hopes of inspiring your own trip to Nova Scotia, Prince Edward Island, and New Brunswick. If you are ready to learn more and start to plan your own adventure, click on the buy it now to get started.

## Book Information

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## Customer Reviews

I read this book on the weekend and it was a welcome escape from the strain of the week into remote Canada. I enjoyed the vivid descriptions of the various locations the author visited; she writes so well that I could picture being in Canada. She also added photos, which are magnificent. I'm interested in traveling to Canada because I have family there whom I've never met, and I personally love travelling on my own. I could appreciate the author's perspective of how much more freedom and flexibility solo travel offers. She mentions that travelling in itself breaks behavior patterns and challenges the traveller out of his or her comfort zone, which I always found true. It's a helpful and healing thing to do when stuck in unsatisfying patterns. What's great about this book is that the author offers very sound travelling advice. You can use this book to learn about travelling anywhere on your own. She offers resources for this specific area of her trip, even historical pointers like the explosion in Halifax in 1917 and the reason why Halifax gives Boston a Christmas tree every year since, but she also lists resources and checklists for organizing solo travel. Her checklists impressed me the most. Have you thought of letting your credit card company know that you are going to travel in a certain area and during a certain time, so your credit card isn't suddenly blocked because the charges look fraudulent? I certainly haven't. She shares a wealth of practical ideas. There's much to learn from this resourceful traveller about peace-of-mind vacationing. The book is a respite and a treasure trove. Very well written, detailed, practical and entertaining. I returned to work on Monday rested, as if I had been on a trip myself.

Have you ever wanted a little adventure but a) your partner didn't want to go there or b) you didn't have any friend or family member who could travel with you or c) you wanted something refreshingly different, but not too far away? But you were just a bit nervous about venturing out on your own, especially if it meant crossing the border into the country next door? If you are that curious but a bit worried future solo-traveler, this is the book for you. Marie curbed her concerns and drove from her Pennsylvania home to explore the beautiful Maritime provinces of Canada -- New Brunswick, Prince Edward Island and Nova Scotia. What she found surprised and delighted her. Along the way she discovers why the sites beloved by tourists have such perennial appeal...but also takes you off the beaten path. And as she travel, her spirit of adventure grows. A delightful read, whether you would love to take a vacation in Atlantic Canada, or simply enjoy Marie's very good company from the comforts of your favourite armchair! Full disclosure: I recently retired to this part of Canada, drawn by the spectacular beauty and friendliness of the people and I'll be using Marie's wonderful guidebook to ramble off to parts of it I haven't discovered yet!

I missed far too much cruising up the coastline year before last as this wonderful book brought to light! I have got to go back one day and see/experience the sights made mention in this great memoir including the heavily Scottish inspired island of Cape Breton, the iconic Flowerpot Rocks, the L. M. Montgomery homestead site (may want to stay in the very same Fairways Cottages, too) and the Fortress of Louisbourg (kicking myself for missing this the first go around as author brought this place to life for me). Many fine pictures were included in her travels as well, tips were also much appreciated, and renewed my interest in researching the history behind the explosion of the SS Mont-Blanc, the search for the buried treasure at Oak Island, and the Viking settlement of L'Anse aux Meadows. Make this one travel book I would highly recommend and enjoyed having music of the Dropkick Murphys playing in the background as it made the reading even more special. Excellent!

I was born and raised on the east Coast of Canada and so, this was a fantastic book to remind me of how beautiful and historic the region is. The author does a fantastic job of bringing the East coast to life in this descriptive and very informative book. The material is well-researched and the locations are described in such a way that you definitely want to pack up the family and head to Canada's ocean playground. The book travels from Saint John to PEI, Newfoundland to Halifax. The author includes all of the spots that are a must-see on the trip, including the local hot spots, folk festivals, music, food and spectacular views. My favorite part of the book was of course Halifax where it talks about historical events such as the sinking of the titanic, the Halifax explosion, and the Ghost tour around town. Again, the book is packed with detail as well as pics of the town. I definitely recommend this book above any other if you are traveling to the east Coast. This is a real gem!

I've been soaking up as much as I can about the Atlantic area of Canada before travelling there and saw this book and all the 5 star reviews. It doesn't disappoint. The author has provided preparation lists, and a breakdown of each area piece by piece. She does a great job of taking you there (lovely writing style) and offers a section of travel tips at the end of each chapter about each area. Many of these tips I've read about and heard already from my other preparation, but in every chapter there were always a few tips I hadn't heard of or even thought to consider which makes this book worth it alone. It's written a bit like an information packed memoir, making it both helpful and enjoyable. It was a pleasure for me to read and I look forward to my trip to Atlantic Canada more than ever.

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